



34TH HIMALAYAN 100 MILE STAGE RACE
29TH MT. EVEREST CHALLENGE MARATHON
04TH HIMALAYAN 100 K STAGE RACE
 E-MAIL: info@himalayan.com , hrtindia91@gmail.com
 WEBSITE: www.himalayan.com

November 01, 2024

World's Primitive Trail with a Journey of Rediscovery

"Himalayan 100 Mile Stage Race - The Race of Your Life" – Steven Seaton, Rob Speeding & Edward La Billiere, Runner's World, UK, January 2003

Himalayan 100 Mile Stage Race 8 Days / 7 Nights Trip (Bagdogra to Bagdogra airport)	November 07 to 14, 2025 (Friday to Friday) Race Days 1 to 5 – Nov. 09 to 13, 2025
Mt. Everest Challenge Marathon 4 Days / 3 Nights Trip (Bagdogra to Bagdogra airport)	November 09 to 12, 2025 (Sunday to Wednesday) ECM Day – November 11, 2025 (Tuesday)
Himalayan 100 Mile Stage Race 8 Days / 7 Nights Trip (Bagdogra to Bagdogra airport)	November 07 to 14, 2025 (Friday to Friday) Race Days 1 to 5 – Nov. 09 to 13, 2025

What Makes Himalayan 100 Mile Stage Race Unique!

There are thousands of mountain trails in the world. But HSR trail is a primitive and characteristic trail regarded by runners and walkers as it offers an opportunity to experience the culture, heritage of thousands of years, religion, peculiar customs and traditions besides the thrilling adventure enjoyment. This adventure trip will definitely make you to slow down to look at the stunning views of snowcapped peaks in four countries, sprawling valleys that sink out of sight, pristine forests, crystal clear skies that have never seen pollution and spectacular views of world's four out of five tallest mountains-Mt. Everest, Mt. Kanchenjunga, Mt. Makalu and Mt. Lhotse - four highest peaks in the world. There are no specific rules, age bar, stage cut off time. Anyone physically fit & interested can run and walk. It is **World's first and only AAA rating Eco-friendly race with excellent ground support & highest perfection** and described as **"Most Scenic Race in the World"** and **"World's most picturesque train-running events with grueling terrain"** by Athletics Weekly, UK & **"World's Most Well Organized and Synchronized event"** by Runner's World, South Africa. The race has been listed as **"World's most challenging race of your life"** by GQ Magazine, UK. Kindly find the video link for an overview of five-day stage race:

<https://www.dropbox.com/s/dlg7qx82kvv6yv4/Himalayan%20100%20Mile%20Stage%20Race.mp4?dl=0>



Pc: Kevin McGarry



34th Himalayan 100 Mile Stage Race Trip Package Cost – 2025

Race Package Cost for Individual Runner / Walker	USD 2549 Per Person
<p>Note:</p> <ol style="list-style-type: none"> 1. For single accommodation during the trip and couple / group discount kindly let us know. Single Room will be provided only subject to availability of rooms. 	
<p>How to register and confirm your space for Race</p> <ol style="list-style-type: none"> 1. Initial payment of USD 625 / GBP 519 / EURO 611 Per Person should be deposited by bank transfer as per bank details provided below. 2. After making initial payment, Race Registration Form (For Runners / Walkers) should be filled online at http://www.himalayan.com/booking.html. 3. Balance payment should be deposited before August 31, 2025 by bank transfer. 	
Information for Spouse / Non-walkers	Walkers are welcomed with their partner in event. There are activities for walkers while runners are running on trail. Each day, you will be on trail with walker's guide for excursions, photography tour, visit to monasteries etc.
<p>Race Package Cost Includes (Nov. 07 to 14, 2025 (Friday to Friday): 8 Days / 7 Nights & Bagdogra to Bagdogra Airport</p> <ul style="list-style-type: none"> • Accommodation on twin sharing basis & Full meals as per fixed menu basis • Sightseeing of Darjeeling by Non-A.C Coach with English Speaking guide (including ride on Toy train on November 08, 2024 subject to its operation and availability). • Group arrival transfer from Bagdogra airport on November 07 and Group departure transfer to Bagdogra airport on November 14 by non-A.C Car / Coach with airport assistance. • Domestic air ticket Delhi / Bagdogra / Delhi Nov. 07 – Delhi to Bagdogra Nov. 14 – Bagdogra to Delhi 	
<p>Race Package Cost Does not include</p> <ul style="list-style-type: none"> • Expenses of personal nature such as tips, alcohol, beverage, laundry etc. • Medical or accidental expenses & insurance both • Fees for Camera / Monument / Wildlife if any during race / cultural tour extension including Elephant safari at Jaipur etc. • Any expenses not mentioned in "COST INCLUDES" • Company will not be responsible for any sort of unforeseen expenses incurred due to unavoidable circumstances i.e. flight / train or any other mode of transport cancellation / delay / strikes / mechanical / war / technical faults, natural calamities etc. • Any difference due to imposition of additional tax, by Govt., or hike in fuel cost etc. • For disagreement / dispute of whatsoever nature relating to this trip, the courts in Delhi, India shall alone have jurisdiction. • The company shall not be liable for any refund / compensation / interruption, or other costs on trip cancellation due to war or undeclared acts of war, terrorist activities, revolution, change in government, strikes, act of God or natural disaster, accident, flight cancellation or Local Government's default or commitments etc. 	

Regarding Cancellation of Trip	Cancellation/refund and other trip conditions will be applicable as per conditions mentioned in the HSR/ECM booking form. Kindly go through booking terms and conditions at http://www.himalayan.com/book_con.html .
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Extra Services (Optional)

International Travel – Home Country / New Delhi / Home Country		
Nov. 06 – Arrival in New Delhi (DEL) from Home Country		
Nov. 15 – Departure from New Delhi (DEL) to Home Country		
Hotel Accommodation in Delhi (Including sharing room + Breakfast only)		
Hotel Category	Single Room	Double Room (On Sharing basis)
5 Star Hotel Per Person Per Night	USD 130 / GBP 108 / EURO 128	USD 65 / GBP 54 / GBP 64
4 Star Hotel Per Person Per Night	USD 90 / GBP 76 / EURO 88	USD 45 / GBP 38 / EURO 44
3 Star Hotel Per Person Per Night	USD 56 / GBP 48 / EURO 54	USD 28 / GBP 24 / EURO 27
Airport Transfers in Delhi (4 Transfers)		For Single Person transfer – PER PERSON USD 110 / GBP 92 / EURO 108
(a) International arrival in Delhi and transfer to hotel		For transfer in group of 2 or more – PER PERSON USD 55 / GBP 46 / EURO 54
(b) Domestic departure from Delhi and transfer to airport		
(c) Domestic arrival in Delhi and transfer to hotel		
(d) International departure from Delhi and transfer to airport		
Early Arrival at Race HQ for acclimatization (On Twin Sharing Basis with full board facility (B/F, Lunch & Dinner) & Early arrival airport transfer from Bagdogra Airport to Race HQ)		USD 90 / GBP 75 / EURO 88 Per Person Per Night
Golden Triangle Trip (Delhi/Agra/Jaipur/Delhi)- Nov. 14 to 19, 2025		USD 1299 / GBP 999 / EURO 1222 Per Person
Nov. 14 – Arrival in Delhi from Bagdogra airport. Overnight in Delhi.		<p>The above-mentioned Package Cost Includes:-</p> <ul style="list-style-type: none"> (a) Airport arrival transfer by AC Car / Coach from Delhi airport to Hotel with airport meeting and assistance. (b) Airport departure transfer by AC Car / Coach from Hotel to Delhi airport with assistance. (c) 2 Nights Five Star Hotel Accommodation in Delhi on sharing room and breakfast only basis (no lunch & dinner). (d) 1 Night Four Star Hotel Accommodation in Agra on sharing room and breakfast only basis (no lunch & dinner). (e) 2 Nights Four Star Hotel Accommodation in Jaipur on sharing room and breakfast only basis (no lunch & dinner). (f) AC Car / Coach for Agra, Jaipur and Delhi Sightseeing Trip as per itinerary. (g) English Speaking Guide for Agra, Jaipur & Delhi Sightseeing Trip as per itinerary. (h) Monument Fees at Agra, Jaipur & Delhi as per itinerary.
Nov. 15 - Delhi to Agra. Agra Sightseeing		
Early morning drive / train to Agra. Full day sightseeing of Agra. Sightseeing of Agra Fort, Baby Taj, Itimad Ud Daulah, Akbar's Tomb (Sikandra), Mehtab Bagh, Ram Bagh, Marriyam's Tomb, Fatehpur Sikri.		
Nov. 16 - Agra to Jaipur. Agra and Jaipur Sightseeing. Overnight in Jaipur.		
Early morning during Sunrise Visit to Taj Mahal. After visit to Taj Mahal, return to hotel and have breakfast and drive to Jaipur. Sightseeing of Taj Mahal (Agra) and Hawa Mahal (Jaipur).		
Nov. 17 – Sightseeing of Jaipur.		
Amer Fort, City Palace, Jantar Mantar, Jaigarh Fort, Nahargarh Fort.		
Nov. 18 - Jaipur Sightseeing. Jaipur to Delhi.		
Morning after breakfast, check-out from hotel and go for Sightseeing of Jaipur. After sightseeing, late afternoon, drive back to Delhi. Overnight in Delhi.		
Jaipur Sightseeing - Albert Hall, Sisodia Rani Garden and Palace, Jal Mahal, Birla Temple.		
Nov. 19 - Delhi Sightseeing & Departure Transfer		
Morning after breakfast, check-out from hotel and go for Sightseeing of Delhi. After sightseeing, late evening transfer to international airport to board international flight to home country.		
Delhi Sightseeing - Red Fort, Jama Masjid, Chandni Chowk, India Gate, Rashtrapati Bhawan (President House), Akshardham temple.		
Any Other Services or Pre or Post Extension Trips		
Kindly advise us area of your choice and interest & number of days you would like to spend pre or post race and we will be happy to plan your itinerary accordingly. The trip and services will be confirmed after receiving your approval. To contact, write to us at hrtindia91@gmail.com .		

Bank Details for Making Payment Transfer

Our Bank Details (In which Payment has to be transferred & should be filled in the MT 103 Form Properly)

Beneficiary Name	HIMALAYAN RUN & TREK PVT. LTD.
Beneficiary Bank A/C No.	1518002100001191
Type of Account	CURRENT ACCOUNT

Beneficiary Bank & Address	PUNJAB NATIONAL BANK OCF GNST. AREA, POCKET – B, MAYUR VIHAR – 2, DELHI – 110091, India
Beneficiary Bank SWIFT Number	PUNBINBBISB
IFSC Code	PUNB0440800
Note:	
<ol style="list-style-type: none"> 1. Kindly arrange the payment transfer into our bank account (in INDIA) in USD / GBP / EURO only on the name of Beneficiary and in the Beneficiary Account No. given above along with the complete address of Beneficiary Bank. 2. Please ask your bank for a direct transfer instead of routing the funds through mediator banks as it will involve extra time and service charges. 3. Once you transfer the payment, kindly obtain the PAYMENT TRANSFER RECEIPT WITH REFERENCE NUMBER from your bank and send the copy of same to us by e-mail or fax so that we can check with our bank and confirm your credit. 4. Please mention reason for sending payment as “TOURISM PURPOSE” 	

The Race Package Cost given above does not include:

1. Domestic Air Tickets
2. Airport tax (if any) at the airports.
3. Expenses of personal nature such as tips, alcohol, beverage, laundry etc.
4. Company will not be responsible for any sort of unforeseen expenses incurred due to unavoidable circumstances i.e., flight / train or any other mode of transport cancellation / delay / strikes / mechanical / war / technical faults, natural calamities etc.
5. Medical / accident insurance
6. Medical / accident expenses
7. Camera Fee / Monument Fee / Wildlife Fee if any during race / cultural tour extension including Elephant safari at Jaipur etc.
8. Any difference due to imposition of additional tax, by Govt., or hike in fuel cost etc.
9. For disagreement / dispute of whatsoever nature relating to this trip, the courts in Delhi, India shall alone have jurisdiction.
10. The company shall not be liable for any refund / compensation / interruption, or other costs on trip cancellation due to war or undeclared acts of war, terrorist activities, revolution, change in government, strikes, act of God or natural disaster, accident, flight cancellation or Local Government’s default or commitments etc.
11. Any other expenses not included in the cost and services mentioned above.
12. Cancellation of trip will be made as per booking conditions.

Namaskar!!! Welcome to world’s most beautiful and unique race trail for once-in-a-lifetime experience....

C S Pandey

Managing Director – Himalayan Run & Trek Pvt. Ltd.

First organizer of International Mountain Bike Rally in India

Race Director – Himalayan 100 Mile Stage Race (First International Adventure Sports Event in India)

Race Director – Mt. Everest Challenge Marathon, Darjeeling

Race Director – Himalayan 100 K Stage Race, Darjeeling

Former Advisor – HIMTAB, Govt. of India

Former National Award Committee Member – MOT, Govt. of India

Former President – Mountain Bike Club of India

Recognized by Ministry of Tourism, Govt. of India

Winner of National and International Awards

WEBSITE: www.himalayan.com, Website: www.himalayanruntrek.com

E-MAIL: hrtindia91@gmail.com , info@himalayan.com , info@himalayanruntrek.com

Facebook - <https://www.facebook.com/himalayanrunning>

Facebook - <https://www.facebook.com/himalayanruntrekindia>

Instagram- <https://www.instagram.com/himalayanruntrek/>

Event Photos – <http://www.himalayan.com/race-photos.html>

Reports on HSR/ECM Events - <http://www.himalayan.com/articles.html>

Online Articles - <http://www.himalayan.com/online-reports.html>

Testimonials - <https://himalayan.com/race-comments.html>

Youtube - <https://www.youtube.com/watch?v=We7Bm0NlcpU>

Corporate Address: Himalayan Run & Trek Pvt. Ltd., T-5, Manish Chamber, Plot No. – 6, Block – B, Mayur Vihar Phase – 2, Delhi – 110091



PC: Kevin McGarry



